

Registration Form

Name _____

Graduation Year _____

High School _____

Days you want to attend (Check all that apply)

- September 30th-Hurdles
Deadline- September 26th
- October 7th- Throws-Discus
Deadline-October 3rd
- October 7th- Pole Vault
Deadline-October 3rd
- October 14th- Throws-Shot Put
Deadline-October 10th
- October 14th- High Jump
Deadline- October 10th
- October 21st- Long Jump/Triple Jump
Deadline- October 17th

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

Emergency Contact _____

Phone _____

**Medical Authorization
Waiver of Liability Form**

This is to certify that the above-named child is physically fit to participate in the St. Ambrose Track and Field Clinic.

Waiver of Liability- I have read and hereby accept the considerations described in this brochure. I hereby agree and promise that I will not hold Dan Tomlin or staff responsible for any loss, damages or injury that my child may receive because of this clinic.

Signature of Parent or Guardian

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Dan Tomlin
Saint Ambrose University
518 West Locust St.
Davenport, IA 52803

Saint Ambrose University Track and Field Clinics



Where: Wellness and Recreation Center Track

When: September 30th,
October 7th, October 14th,
October 21st



Schedule

September 30th

Hurdles-Check in- 1:00
Camp-1:30-5:00

October 7th

Throws Discus-Check in-1:00
Camp-1:30-6:00

Pole Vault-Check in-1:00
Camp-1:30 to 5:00

October 14th

Throws Shot Put-Check in- 1:00
Camp-1:30-6:00

High Jump-Check in 1:30
Camp-2:00-5:30

October 21st

Long Jump/Triple Jump-Check in-1:00
Camp-1:30-5:30

Clinic Details

Who can participate?

All high school Track and Field athletes are welcome to participate!

What does it include?

Each session focuses on different events. Athletes will learn warm up drills, technique, and get feedback by SAU event coaches.

Clinic Costs

The cost for each athlete is \$30 per day they wish to attend. You are welcome to come to multiple days!

How to Register:

Mail in this form before the deadline stated on Registration Form

How to Pay:

Athletes can pay at the door with Cash or Check made payable to

Dan Tomlin
Saint Ambrose University
518 West Locust St
Davenport, IA 52803

Questions?

Dan Tomlin

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