|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Sprint Medley Relay – 3:30 pm** | **Time** | **PL** | **PT** | **TO** |  | **200m Dash – 7:15 pm** | **Time** | **PL** | **PT** | **TO** |
|  |  |  |  |  |  | Hansen (Heat 3, Lane 4) | 26.64 | 7 | 2 | 12 |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
| **TEAM**  |  |  |  |  |  | **Shuttle Hurdle Relay – 7:35 pm** | **Time** | **PL** | **PT** | **TO** |
|  |  |  |  |  |  | McVey |  |  |  |  |
| **4 x 800m relay – 3:55 pm** | **Time** | **PL** | **PT** | **TO** |  | Sweers |  |  |  |  |
| Boleyn | 2:15.93 |  |  |  |  | H. Schmidt |  |  |  |  |
| Duncan | 2:28.15 |  |  |  |  | Kelley |  |  |  |  |
| Johnson | 2:23.38 |  |  |  |  | **TEAM** (Heat 3, Lane 2) | 40.68 | 6 | 3 | 15 |
| Wedemeyer | 2:12.71 |  |  |  |  |  |  |  |  |  |
| **TEAM** (Heat 1, Lane 6) | 9:20.17 | 1 | 10 | 10 |  | **4 x 100m Relay – 7:55 pm** | **Time** | **PL** | **PT** | **TO** |
|  |  |  |  |  |  |  |  |  |  |  |
| **60m hurdles prelims – 4:25 pm** | **Time** | **PL** | **PT** | **TO** |  |  |  |  |  |  |
| H. Schmidt (Heat 5, Lane 6) | 10.75 | 35 |  |  |  |  |  |  |  |  |
| McVey (Heat 1, Lane 3) | 9.89 | 13 |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  | **TEAM**  |  |  |  |  |
| **60m Dash prelims – 5:10 pm** | **Time** | **PL** | **PT** | **TO** |  |  |  |  |  |  |
| Metcalf (Heat 1, Lane 7) | 8.91 | 50 |  |  |  | **3000 meter Run – 8:20 pm** |  |  |  |  |
| Lewis (Heat 4, Lane 2) | 8.49 | 21 |  |  |  | Minard (Heat 1, Position 12) | 11:14.90 | 11 |  |  |
| Hansen (Heat 4, Lane 3) | 8.31 | 12 |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
| **400 meter Dash – 5:55 pm** | **Time** | **PL** | **PT** | **TO** |  | **4 x 400m Relay – 8:50 pm** | **Time** | **PL** | **PT** | **TO** |
| Case (Heat 2, Lane 5) | 1:04.67 | 18 |  |  |  | Case | 1:04.99 |  |  |  |
|  |  |  |  |  |  | Boleyn | 57.24 |  |  |  |
|  |  |  |  |  |  | Johnson | 1:01.73 |  |  |  |
|  |  |  |  |  |  | Wedemeyer | 59.24 |  |  |  |
| 1500 meter Run – 6:15 pm | **Time** | **PL** | **PT** | **TO** |  | **TEAM** (Heat 3, Lane 3) | 4:03.20 | 2 | 8 | 23 |
|  |  |  |  |  |  | Alt. – McVey, Lewis, Duncan, Kelley |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
| **60m Hurdle Final – 6:35pm** | **Time** | **PL** | **PT** | **TO** |  | **Long Jump – 3:30 p.m.** | **Distance** | **PL** | **PT** | **TO** |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
| **60m Dash Final – 6:45pm** | **Time** | **PL** | **PT** | **TO** |  | **High Jump – 3:30 p.m.** | **Distance** | **PL** | **PT** | **TO** |
|  |  |  |  |  |  | H. Schmidt (Flight 1, Position 7) | 4’ 7” | 20 |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
| **800-Meter Run – 6:55 pm** | **Time** | **PL** | **PT** | **TO** |  | **Shot Put – 3:30 p.m.** | **Distance** | **PL** | **PT** | **TO** |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  | **TEAM POINTS** | 23 Points |
|  |  |  |  |  |  | **TEAM PLACE** | 12th Place |



Pleasant Valley Girl’s Track & Field

IATC Indoor Championships

March 8, 2024

**Bus LEAVES at 10:30 by cafeteria. Meet dress is gray/blue uniform and PVGTF warm-ups or sweats.**

**Bring healthy food, sports drink, water.**

**The meet will be at the Lied Recreation Athletic Center at Iowa State University located at 518 Beach Ave. in Ames, IA.**

**Meet (Running and field events) starts at 3:30 pm and goes in the order: down 1st column and then down the 2nd.**